

Week commencing	Monday	Tuesday	Wednesday	Thursday	Friday
6 th September		<p>11am: Cheltenham Job Club with the GEM team</p> <p>3pm: Cotswold Job Club with the GEM team</p>		<p>10am: Gloucester Job Club with the GEM team</p>	
13 th September	<p>11am: Be Seen Be Heard with Adam</p>	<p>11am: Cheltenham Job Club with the GEM team</p> <p>3pm: Cotswold Job Club with the GEM team</p>		<p>10am: Gloucester Job Club with the GEM team</p> <p>1pm: Job Searching tips with Jason</p>	<p>10am: Create Connections with Donna</p>
20 th September	<p>11am: Be Seen Be Heard with Adam</p>	<p>11am: Cheltenham Job Club with the GEM team</p> <p>3pm: Cotswold Job Club with the GEM team</p>	<p>11am: Careers Advice with Di</p>	<p>10am: Gloucester Job Club with the GEM team</p>	<p>10am: Create Connections with Donna</p>
27 th September	<p>11am: Be Seen Be Heard with Adam</p> <p>2pm: Presentation and Interview Skills with Tony</p>	<p>11am: Cheltenham Job Club with the GEM team</p> <p>3pm: Cotswold Job Club with the GEM team</p>		<p>10am: Gloucester Job Club with the GEM team</p>	<p>10am: Create Connections with Donna</p>

#GEMonline: Monday

11am – 12.30pm

13th September

20th September

27th September

Be Seen Be Heard with Adam

A six-week course to help develop greater self-confidence, self-esteem or to overcome self-consciousness. You will develop and insight into what holds you back and how you can become more relaxed and confident in front of others, especially in new situations

Register [here](#): (13th September is a taster session, this will lead into a 6 week course the following week)

2-3pm

27th September

Presentation and Interview Skills with Tony

A one of workshop to help develop your presentation and interview skills.

Register [here](#):

#GEMonline: Tuesday

11am – 12pm

7th September

14th September

21st September

28th September

Cheltenham Job Club with the GEM team

A weekly job club which will focus on building your job searching skills and confidence. You will have the option to discuss different aspects of job searching and the team will feature various available jobs in your area.

Register [here](#):

3pm – 4pm

7th September

14th September

21st September

28th September

Cotswold Job Club with the GEM team

A weekly job club which will focus on building your job searching skills and confidence. You will have the option to discuss different aspects of job searching and the team will feature various available jobs in your area. (This is operated through Google Meets, please ensure you have a google account)

Register [here](#):

#GEMonline: Wednesday

11.00am – 1pm

22nd September

Careers Advice with Di

Join our Careers Advice session with Di to help make the most of your CV's and Applications. Discussion and support available to update your approach to getting into Work.

Click [here](#) to join:

#GEMonline: Thursday

10am – 11am

9th September

16th September

23rd September

30th September

1.00pm – 1.30pm

16th September

Gloucester Job Club with the GEM team

A weekly job club which will focus on building your job searching skills and confidence. You will have the option to discuss different aspects of job searching and the team will feature various available jobs in your area

Register [here](#):

Job Searching tips with Jason

A run through of some useful tools and techniques to help make your job searching more efficient and to not miss out on great opportunities.

Register [here](#):

#GEMonline: Friday

10am – 11am

10th September

17th September

24th September

Create Connections with the Donna

An online group to build friendships and support each other on their employment journeys by building connections and sharing creative ways to connect and destress. A friendly and informal group supported by our GEM team and GEM participants.

Register [here](#):